

WOMEN'S VOICES

EXPERIENCES, TECHNIQUES AND VISIONS

Symposium Speakers:

Anne Middelboe Christensen (dance critic, Denmark) has chosen the title "The body, the voice and the dreams of a theatre critic", to talk about how her body absorbs theatre performances to find a voice of criticism.

Brigitte Ciria (singer and choir leader, France) will focus on her long professional and personal process confronting difficulties and constraints to find her own voice.

Julia Varley (actor and director, UK/Denmark) will talk about how her voice taught her to rely on the force of vulnerability in performance.

Katrine Faber (actor and director, Denmark) will talk about how she approaches hidden voices and stories both as a human being and an artist, focussing on the fear and longing to speak up with her own voice in order to take part in society.

Kitt Johnson (dancer and choreographer, Denmark) will talk about how movement and dance can give voice to inner questioning even in silence, an about her experience as a choreographer in the Danish and international dance environment.

Lotte Fårup (theatre director, Denmark) will talk about the long professional development to finally acquire the courage and determination to speak about important personal issues.

Parvathy Baul (singer and storyteller, India) will present her experience within the centenary Baul tradition.



Background for Women in Theatre Silences and Voices

In a time of crisis, disillusionment, corruption, autocracy and war, the voice of women can give hope to the world in building our future. This requires engagement and responsibility. Women in theatre, dance and music have learned to break through their silence, speaking up in the public space, finding the courage to present hidden personal questions, discovering one's own voice in movement, song and text, conquering techniques to share the stories that need to be told.

Women in Theatre - Silences and Voices gives the opportunity to participate in workshops with experienced practitioners from different fields of vocal work and take part in a symposium with talks of women from different artistic and social fields. The talks will focus on how women have broken the silence historically imposed upon them at the same time as nurturing the voice, that speaks the personal, delicate and vulnerable story of us all.

The collaboration between **Teater Viva** and **Transit Festival** to realise the three-day programme in Århus in September 2018 is the result of Katrine Faber's participation in previous Transit festivals and aims to realise further initiatives.

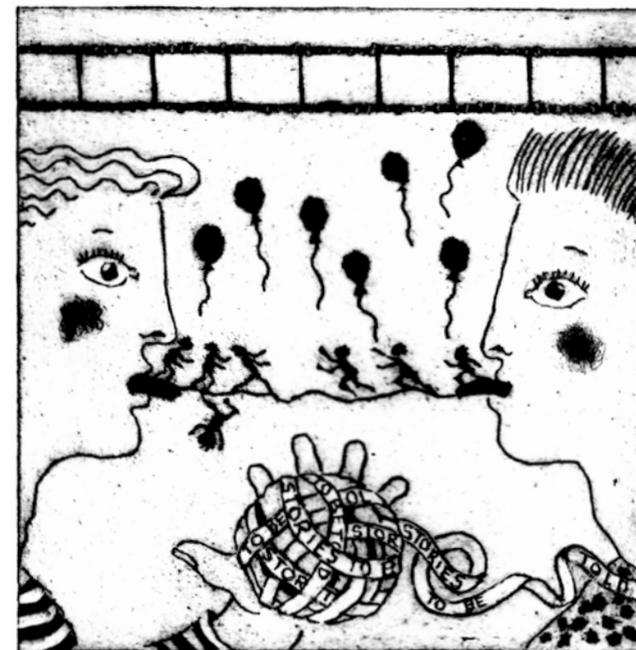
Transit is an international theatre festival and meeting organised at Odin Teatret, Holstebro, Denmark and directed by Julia Varley, one of the founders of **The Magdalena Project**, a network of women in contemporary theatre that exists since 1986, directed and initiated by Jill Greenhalgh. The aims of **The Magdalena Project** include enabling women to produce work that more profoundly reflects their own experience and creating a forum for women's work in theatre to be seen.

The **9th Transit Festival** will take place at Odin Teatret 14-23 June 2019 with the theme: **Hope in Action - Theatre, Women, Will.** **Katrine Faber** and **Teater Viva** will organise a sister festival in Århus 7-13 June 2019, taking advantage of some of the artists visiting Denmark, preparing interventions which will be shown afterwards in Holstebro, and involving women who have participated in **Women in Theatre - Silences and Voices** in 2018. Women will be invited to join a group that through the winter of 2018/19 will prepare a performance event for the festivals in 2019.

We hope many women will participate so as to hear a chorus of different voices!



Women in Theatre Silences and Voices



22, 23 and 24 September 2018
Godsbanen, Aarhus, Denmark

3 days of workshops,
performances and meetings

Organised by Teater Viva (Aarhus) and
Transit Festival (NTL/Odin Teatret, Holstebro)

ODIN TEATRET - HOLSTEBRO - DENMARK
www.odinteatret.dk

TEATER VIVA - HJORTSHØJ - DENMARK
www.teaterviva.dk

PROGRAMME

SATURDAY 22 SEPTEMBER

at Teater Katapult, Godsbanen, Aarhus, Denmark

- 10.00-13.00 **The Song of Joy**, workshop with Parvathy Baul, Baul singer and storyteller, India (group A participants 10:00-11:15, group B participants 11:30-13:00)
- 10.00-13.00 **The Echo of Silence**, workshop with Julia Varley, Odin Teatret actor, Denmark (group B participants 10:00-11:15, group A participants 11:30-13:00)
- 15.00-16.00 **MY SILENCE, MY VOICE**, work in progress concert-performance with Katrine Faber, Teater Viva, Denmark
- 16.30-17.30 **AU FIL DES VOIX**, vocal biography with Brigitte Cirla, Voix Polyphoniques, France

SUNDAY 23 SEPTEMBER

at Teater Katapult, Godsbanen, Aarhus, Denmark

- 11.00-14.00 **Life of the Voice - Voice of Life**, workshop with Katrine Faber, Teater Viva actor and singer, Denmark (group A and B participants)
- 15.00-18.00 **Singing Together**, workshop with Brigitte Cirla, Voix Polyphoniques director and choir leader (group A and B participants)
- 19.30-20.30 **THE FLYING CARPET**, vocal work demonstration with Julia Varley, Odin Teatret, Denmark

MONDAY 24 SEPTEMBER

at Remisen, Godsbanen, Århus, Denmark

- 14.00-19.00 **SYMPOSIUM, Women's Voices: Experiences, Techniques and Visions** with Anne Middelboe Christensen (dance critic, Denmark), Brigitte Cirla (singer and choir leader, France), Julia Varley (actor and director, UK/Denmark), Katrine Faber (actor and singer, Denmark), Kitt Johnson (dancer and choreographer, Denmark), Lotte Fårup (theatre director, Denmark), Parvathy Baul (singer and storyteller, India), and workshop and symposium participants.

COSTS AND REGISTRATION

For the workshops, 9 hours total, max 30 participants: DKK 1.000 (reduction for students DKK 600)

For each performance: DKK 120 (reduction for students DKK 60)

For the symposium: DKK 75

For participation in all events: DKK 1.200 (reduction for students DKK 800)

For further information, to reserve tickets and apply for the workshops and symposium, please download the application form at www.odinteatret.dk or www.teaterviva.dk or contact Katrine Faber at teaterviva@gmail.com

WORKSHOP DESCRIPTIONS

The Song of Joy, workshop with Parvathy Baul (India)

Baul is mainly an Indian oral tradition, intrinsically connected to the practice of Yogis, Sufis and Mystics. Each Baul guru has a different way of passing on her knowledge to a pupil. It is more like a transfer of knowledge, different from conventional teaching. In the workshop Parvathy Baul will guide the participants in basic elements of Baul singing through breathing exercises, dance steps, body positions and the learning of melodies and Bengali poetry.

Parvathy Baul is a singer, painter and storyteller from West Bengal. Her meeting with the living tradition of Baul prompted her to choose the path of self-training becoming one of the few women who could withstand the hardships of the practitioner's way of living.

The Echo of Silence, workshop with Julia Varley (UK/Denmark)

The workshop deals with the unity of the physical and vocal impulse, the connection between the singing and speaking voice, and the relationship between text and action. The participants will work individually and in chorus to achieve the characteristic generosity of the voice at the moment when it is offered to the surrounding space.

Julia Varley joined Odin Teatret in 1976. Apart from acting she is active in directing, teaching, organising and writing. Since its beginning in 1986, she has been active in The Magdalena Project, also organising the triennial Transit Festival.



Life of the Voice - Voice of Life, workshop with Katrine Faber (Denmark)

Katrine will invite the participants of the workshop into an exploration of the landscape of each voice in search of new colours, expressions and possibilities. Participants will work on the breath, body, energy, support and opening and relaxation of the voice. The exploration aims at unfolding the possibilities of the voice in a playful and trustful way through movements, songs, improvisations and small creations. All kinds of voices are welcome.

Katrine Faber is a singer, actress, performer, storyteller and artistic director of Teater Viva. Katrine has explored the human voice for many years and is a recognised voice teacher in Denmark and abroad.

Singing Together, workshop with Brigitte Cirla (France)

Our culture has lost a strong and direct relationship to singing and specially to singing together. The main goal of the workshop is to discover and develop one's voice through the practice of a cappella choir, working with collective and individual vocal and breathing techniques, aiming for a better conscience of the body and a flexible, extensive and free voice. Exercises include vocal warm-up and exploration of vocal emission and resonators, and popular songs a cappella for equal or mixed voices depending on the participants.

Brigitte Cirla dedicates herself to a continuous musical research on a cappella traditional polyphonic singing and contemporary compositions for voice. As a teacher and choir director, she has led numerous workshops for amateurs and professionals in France and Europe.

